



# SAVE ON YOUR 2025 MEDICAL EXPENSES

Save hundreds on your 2025 medical expenses by completing both your Annual Enrollment and Health Profile by **December 15, 2024**.

## ANNUAL ENROLLMENT

To continue medical coverage in 2025 and avoid delays in medical claims processing for you and your covered family members, **you must re-enroll every year** – even if you are not making any changes.

**Complete Annual Enrollment from Nov. 1 and Dec. 15, 2024:**

1. Visit [www.nwadmin.com](http://www.nwadmin.com) and register or log in,
2. Select Annual Enrollment,
3. Follow the steps to verify your information, and
4. Choose a medical plan if you are eligible for a choice of plans.

*Questions? Need a paper form? Visit [wateamsters.com/annual-enrollment](http://wateamsters.com/annual-enrollment) or call Northwest Administrators at (800) 458-3053.*

Scan the QR code to learn more and view full plan descriptions.



## THE HEALTH PROFILE

Every year, Trust participants are asked to complete a Health Profile - a quick, easy, and confidential questionnaire that helps evaluate and track your health from year to year.

Completing your Health profile between **Nov. 1 and Dec. 15, 2024**, lowers your annual deductible in 2025 and saves you money! If you take your Health Profile during the incentive period your deductible will be **\$200 less for individual coverage and up to \$600 less for family coverage**, than if you do not take it.

To complete your Health Profile, log in to (or create) your account at [www.kp.org/wa](http://www.kp.org/wa). If you do not have internet access you can request a paper version of the Health Profile by calling Kaiser at **(866) 458-5277**.

*Please note: If you have an eligible spouse or covered domestic partner, **you must both take the Health Profile by Dec. 15, 2024**, for either of you to receive the incentive.*