



# SAVE ON YOUR 2025 MEDICAL EXPENSES

Complete your Annual Enrollment and Health Assessment by Dec. 15, 2024.

Completing your Annual Enrollment and Health Assessment isn't just good for your health, it's good for your wallet! By taking both actions you ensure that your medical coverage continues into the new year, and you'll also save on next year's medical expenses.

## Annual Enrollment

To continue medical coverage in 2025 and avoid delays in medical claims processing for you and your covered family members, **you must re-enroll every year**—even if you are not making any changes. Complete Annual Enrollment between **Nov. 1 - Dec. 15, 2024**, to make sure you're covered next year.

## PPO Health Assessment/KP Health Profile

Lower your medical expenses in 2025 when you and your covered spouse or domestic partner both complete your annual Health Assessment or Health Profile between **Nov. 1 and Dec. 15, 2024**:

- **Medical Plans A, B, C, Z and Kaiser**—your 2025 annual deductible will be **\$200 less** for individual coverage and up to **\$600 less** for family coverage than if you do not take it.
- **Medical Plan JC28XL**—your 2025 out-of-pocket maximum will be **\$200 less** than if you do not take it.

*Please note: Take the Health Assessment or Kaiser Health Profile based on the Plan you were on in 2024.*

## ANNUAL ENROLLMENT:

1. Register or log in at [www.nwadmin.com](http://www.nwadmin.com)
2. Select Enrollment and follow the steps to verify your information
3. Choose a medical plan if you are eligible for a choice of plans

## HEALTH ASSESSMENT:

- **PPO:** After completing enrollment on [nwadmin.com](http://nwadmin.com), select the link for WellRight—you'll be taken to the WellRight site to take your Health Assessment
- **Kaiser:** Register or login at [www.kp.org/wa](http://www.kp.org/wa), or call **(866) 458-5277** to complete your Health Profile.